Lesson 15: The Blessings of the Lord's Supper

- 1. (1) Love one another; (2) Celebrate the Lord's Supper.
- 2. Bread and wine.
- 3. Eat and drink.
- 4. Jesus' body and blood.
- 5. That is what God says. This is an article of faith.
- 6. The forgiveness of sins.
- 7. He gave his body and shed his blood when he died on the cross.

Lord's Supper (Holy Communion): The sacrament in which Jesus gives us his true body and blood together with bread and wine for the forgiveness of sins.

8.

Representationalism: The false teaching that the bread and wine are only symbols of Jesus' body and blood. [Most "evangelical" Christian churches]

Transubstantiation: The false teaching that the bread and wine completely turn into Jesus' body and blood, so that the bread and wine no longer exist. [Roman Catholic Church, Eastern Orthodox churches]

Spiritual Presence: The false teaching that Jesus' body and blood are only present spiritually in the Lord's Supper, not actually there. [Calvinist churches, e.g. Presbyterian]

Real Presence: The biblical teaching that we receive the bread and wine with Jesus' real body and blood.

9. God brings special comfort in the Lord's Supper by giving us forgiveness in a way we can see, touch, and taste.

We receive the forgiveness of sins and the assurance of eternal life through Jesus' body and blood with the bread and wine.

Lesson 16: The Proper Reception of the Lord's Supper

- 1. There were divisions. Some were going hungry while others were overindulging. They were ignoring the needs of other people.
- 2. We are proclaiming the death of our Savior for our forgiveness.
- 3. It is sinning against Jesus' body and blood.
- 4. We have sinned against God and have failed to be the perfect people he requires.
- 5. Believing them causes someone to eat and drink judgment on themselves.

Examine Yourself: Compare your life to God's law, admit that you are a sinner, and know that in the Lord's Supper you receive Christ's true body and blood for the forgiveness of your sins.

- 6. People were sick and some had even died.
- 7. We are expressing unity. Therefore, we need to be unified in faith, as one loaf of bread.
- 8. It enables us to live lives of thanksgiving to God.
- 9. As often as possible.

By examining ourselves to see (1) we need forgiveness, (2) we receive Jesus' true body and blood for that forgiveness, and (3) that we are unified in faith with the people with whom we commune.